**National Foundation for Governors’ Fitness Councils**

**State of Maryland**

**DON’T QUIT! Campaign**

We are excited to inform you that Maryland has been selected to participate in this year’s DON’T QUIT!TM Campaign. Our mission as the National Foundation for Governors’ Fitness Councils (NFGFC) is to encourage physical activity in schools. We are **gifting** three $100,000 DON’T QUIT! Fitness Centers to schools in recognition for being leaders in keeping students fit. Each DON’T QUIT! Fitness Center includes strength training equipment, cardio fitness equipment, and a multi-exercise, circuit training system.

All you have to do is join the campaign by nominating your school!

It’s as easy as 1, 2, 3. Take action now!

***Step 1: Make sure you qualify.***

* The school must be a public or public charter school.
* The majority of students must be between the ages of 8-13 years old.
* The school must have a preexisting room on the school’s property that is available for equipment installation during the summer of 2017.
* The room must be approximately 900-1500 square feet.

***Step 2: Fill out your school’s profile.***

* School Name:

Address:

City, State, Zip:

Grade Levels:

Student Enrollment:

Number of Students Eligible for Free/Reduced Lunch:

* Your Name:

Affiliation/Title:

Work Phone:

Cell Phone:

Email Address:

* Does your school currently have a fitness center or fitness equipment?

How many pieces of equipment?

What type of equipment?

What condition is it in?

*\*\*Please include photos of your school’s current equipment at the end of this form.*

* Square Footage of Room:

Floor Level:

Height of Ceiling:

Width of Doors:

Earliest Installation Date:

*\*\*Please include photos of the room from all angles at the end of this form.*

***Step 3: Tell us why.***

* **Why does *your* school deserve this award?**

What makes your school different from the rest? What makes your school special? What barriers do you have to overcome to bring fitness and wellness to your students? What are your goals for a brand new fitness center? What are you hoping to accomplish?

The best responses offer specific examples of personal triumph and overcoming adversity. Tell us stories about change-makers in your community or innovative programs that are first of their kind. Share with us your guts and glory! We want to hear stories about creating something out of nothing. #lemons2lemonade

You may submit a written or video response. Videos should be kept under 5 minutes. If submitting a video, please provide the video link here:

*This award is contingent upon a successful site visit, so please provide honest answers.*

For more information, please visit our website or contact us directly.

Thank you for taking the time to nominate your school. We wish you the best of luck!

Visit: [www.natgovfit.org](http://www.natgovfit.org)

Email: [info@natgovfit.org](mailto:info@natgovfit.org)

Direct: 970-331-6935

**Deadline:**  Please submit this form to [kelly@natgovfit.org](mailto:kelly@natgovfit.org) by

**Wednesday, May 31, 2017 at 5:00 pm PT**.

**DON’T QUIT!**