# National Foundation for Governors' Fitness Councils DON'T QUIT! Application – ALASKA

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Applications will be accepted from February 26, 2024 - April 12, 2024.

The National Foundation for Governors' Fitness Councils (NFGFC) has partnered with Governor Mike Dunleavy to bring the DON'T QUIT! Campaign to the State of Alaska this year. Our mission is to support schools that prioritize fitness and strive to be state leaders in physical education but lack the fitness resources to do so. The top three schools will receive a DON'T QUIT! Fitness Center valued at \$100,000. This is a gift, not a grant.

### Qualifications:

**BACKGROUND INFORMATION** 

Email address:

Principal's Name:

- The school must be a public or public charter school.
- The majority of students must be between the ages of 9-14 years old.
- The school must have a room on the school's property that is available and ready for equipment installation at the beginning of the summer 2024.
- The room must be approximately 900-2000 square feet.

Please fill out the information below and email your completed application to apply@natgovfit.org.

# School Name: Address: City, state, zip: Grade levels: Student enrollment: Percentage of students eligible for free or reduced lunch: Number of physical education teachers: Your Name: Affiliation / title: Work phone: Cell phone:

Work phone:
Cell phone:
Email address:
Number of years they've worked at this school:

Number of years you've worked at this school:

Current Equipment –

Does your school currently have a fitness center or fitness equipment?

How many pieces of equipment?

What type of equipment?

What condition is it in?

Designated Room for Fitness Center -

Square footage:

Length x width:

What floor (basement, first/ground floor, second floor) is the room on?

Height of ceiling:

Width of doors:

Earliest installation date:

### **VIDEO INSTRUCTIONS**

Record a video where you answer the following questions:

- 1. What are you currently doing to prioritize fitness?
- 2. What do you plan to do with a new fitness center?
- 3. What challenges do your students face that could be improved with fitness?
  - BE SPECIFIC. We want you to dig deep and think about how you can use fitness to bring about positive systemic change in your community. GET PERSONAL. Get various students and staff involved. We are looking for passion and personality, not perfection.
  - Please DO NOT tell us about the status of your equipment. We are aware that most schools have outdated and/or broken equipment.
  - Videos can be filmed on a smart phone. Please keep them under 2:30 minutes. Download the video to YouTube and provide the link below.

### Video link:

## **PHOTOS**

Please cut and paste the following photos (in .jpg format) below:

- 1. 3-4 photos of the room you've designated for the fitness center, taken from different angles.
- 2. 3-4 photos of your school's current equipment

Deadline: Friday, April 12, 2024 at 11:59 pm Pacific.

This award is contingent upon a successful site visit. Please make sure you physically measure the room and submit correct dimensions. Save your application as a Word document (.doc/.docx) and email it to <a href="mailto:apply@natgovfit.org">apply@natgovfit.org</a>. For more information, visit <a href="https://www.natgovfit.org/apply-now">www.natgovfit.org/apply-now</a>.

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